

TEACH THE WORLD TO SEW DAY™ 2026

Beginner Sunglasses Case Project

Welcome to Teach the World to Sew Day™!

Whether you're sitting down at a sewing machine for the first time or rediscovering a hobby you love, we're so glad you're here. This beginner-friendly, quilted sunglasses case is designed to introduce you to foundational sewing techniques, including quilting, topstitching, sewing curves, and assembling a lined project—all while creating a practical accessory you can use every day.

Today, you'll be sewing alongside hundreds of participants around the world using **SINGER®**, **HUSQVARNA® VIKING®**, or **PFAFF®** sewing machines. Together, we're celebrating creativity, building confidence, and sharing the lifelong skill of sewing with a new generation of makers.

Thank you for being part of Teach the World to Sew Day™. We can't wait to see what you create—let's get started!

***If sewing at home or not using a pre-made project kit, you will need the following supplies:**

Materials

- Cotton Fabric – 2 pieces, 8" × 7" (20.3 × 17.8 cm)
- Lightweight Cotton Batting – 1 piece, 8" × 7" (20.3 × 17.8 cm)
- All-Purpose Sewing Thread

Tools & Equipment

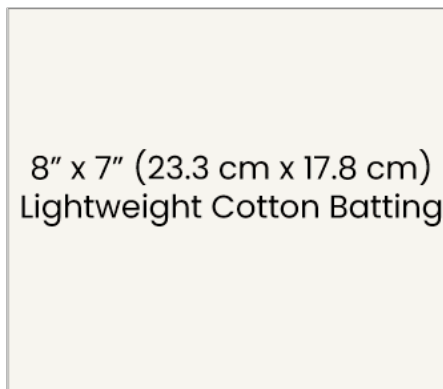
- Sewing Machine and universal Sewing Needle (Size 80/12 recommended)
- Fabric Scissors or Rotary Cutter
- Quilting Ruler or Measuring Tape (optional)
- Sewing Clips or Pins
- Iron and Ironing Surface (recommended)
- Point Turner (optional)
- Edge/Quilting Guide Attachment (optional, for evenly spaced quilting lines)

Step 1: Prepare the Fabric Pieces

Cut the following pieces:

- 2 cotton fabric pieces: 8" × 7" (20.3 × 17.8 cm)
- 1 lightweight cotton batting piece: 8" × 7" (20.3 × 17.8 cm)

Note: If you are using a pre-cut project kit, your fabric and batting pieces are already cut to size and ready to use.

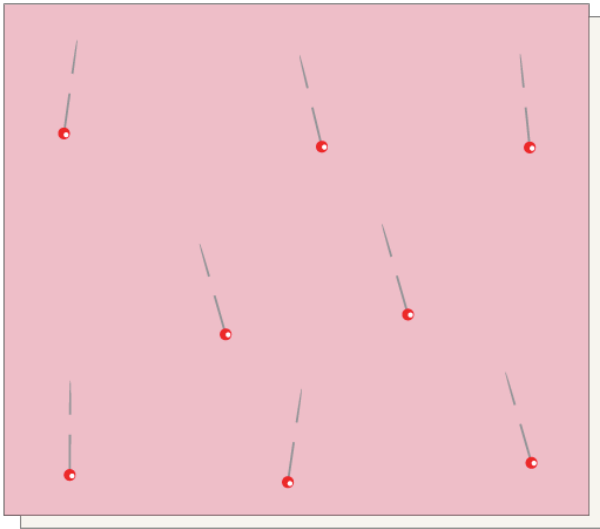


★ **Note:** If using a pre-cut kit, your fabric and batting pieces are already cut to size and ready to use.



Step 2: Prepare the Outer Fabric

Choose the cotton fabric you would like to use as the **outer fabric** of your sunglasses case. Place the **lightweight cotton batting** on the **wrong side** of the outer fabric, aligning all edges. Secure the layers together with sewing clips or pins.



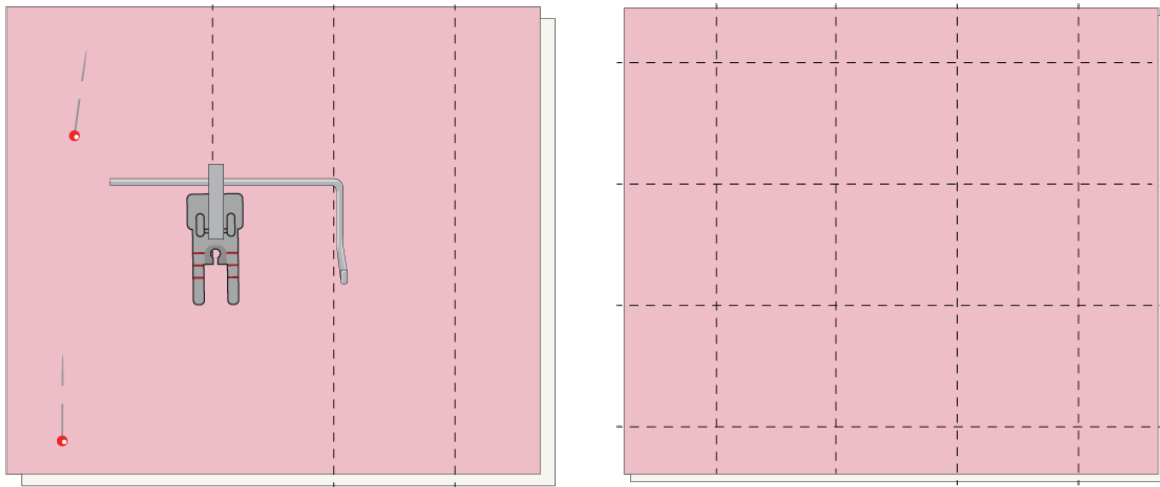
Step 3: Quilt the Outer Fabric

No backstitching is required for this step. Quilt the outer fabric to the batting by sewing evenly spaced straight lines across the fabric in one direction, then repeat in the opposite direction to create a quilted pattern. Use a standard straight stitch.

For this project, the quilting lines are spaced approximately **2" apart (5.1 cm)**. If you don't have a ruler or measuring tape, it's perfectly fine to estimate the spacing by eye

Tip: For evenly spaced quilting lines, you can also use an edge/quilting guide attachment on your sewing machine as a guide.

Note: The closer your quilting lines are together, the longer this step will take. Aim for just **4–6 lines in each direction** for a quick and decorative quilted finish.



Patch Step 4: Attach the Patch

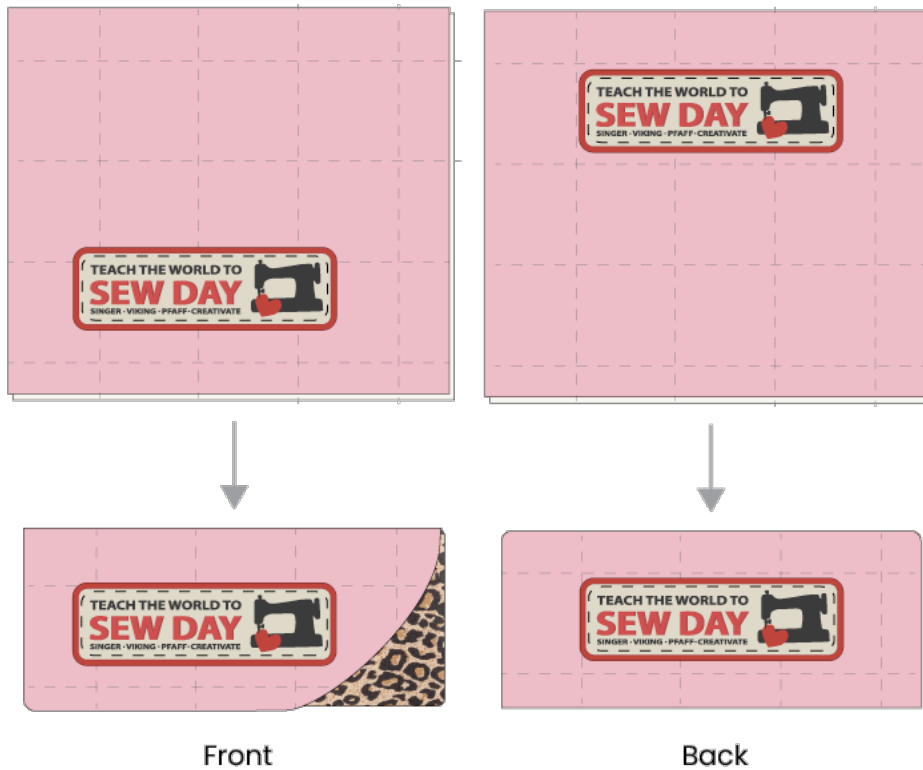
Position the patch on the **right side** of the quilted outer fabric. Place the patch on **either the left or right half** of the fabric, keeping it centered horizontally within that half and positioned slightly closer to the **bottom edge**. Secure the patch with a pin or hold one edge in place with your fingertip as you begin sewing.

Sew around the outside edge of the patch to attach it to the fabric.

Tip: Adjust your machine's **needle position (width dial)** to move the needle closer to the edge of the patch for a neat, professional-looking topstitch.

Note: Do **not** place the patch in the center of the fabric. The sunglasses case will be folded in half later, and the top edge will be trimmed into a curve. Positioning the patch on one half ensures it will appear on the front of the finished case.

* Patch shown is a prototype. The patch included in your kit may vary.



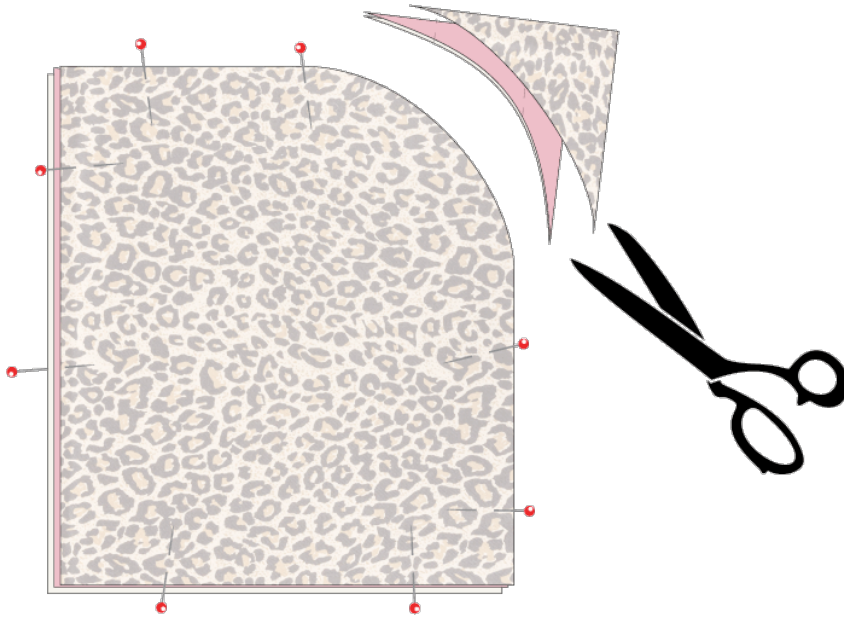
Step 5: Trim the Corner Edge

Place the remaining cotton fabric on top of the quilted outer fabric with the **right sides facing together**. Align all edges and secure the layers with sewing clips or pins if desired.

Next, trim **one top corner** to create a rounded edge for the opening of the sunglasses case. For this project, the rounded edge begins approximately **3"–3½"** (7.5–9 cm) down from the top edge.

Optional: If you prefer a straight opening instead of a curved one, simply skip this step.

Tip: Trim both fabric layers together to ensure the curved edges match perfectly.



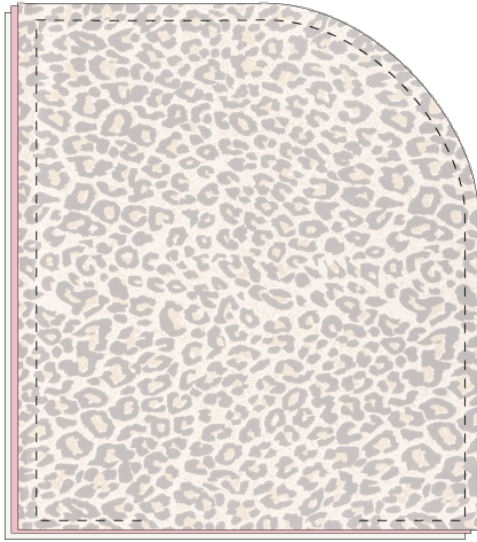
Step 6: Sew the Sunglasses Case

Using a $\frac{1}{4}$ " (6 mm) **seam allowance**, sew around the outside edge of the sunglasses case (good sides facing), following the dashed stitching line. Begin at one side of the opening and sew around the entire case, stopping at the opposite side of the opening.

Backstitch at the **beginning and end** of your stitching to secure the seam.

Important: Leave the bottom opening unsewn. This opening will be used to turn the sunglasses case right side out.

Tip: Sew slowly around the curved edge to create a smooth, even curve. If needed, stop with the needle in the down position, lift the presser foot, and pivot the fabric slightly as you sew around the curve.

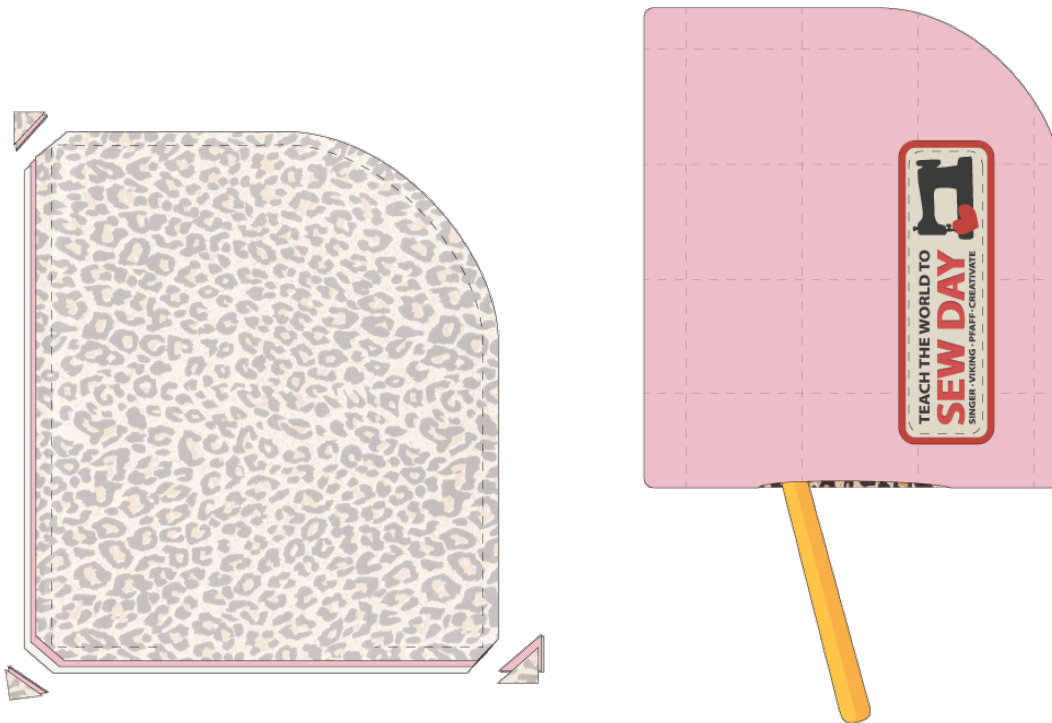


Step 7: Trim the Corners & Turn Right Side Out

Trim the corner seam allowances as close to the stitching as possible **without cutting through the stitches**. This will help reduce bulk and create crisp corners.

Using the opening, carefully turn the sunglasses case **right side out**. Use a point turner or your finger to gently push out the corners until they are smooth and fully shaped.

Tip: Take your time when turning the corners to avoid poking through the fabric.



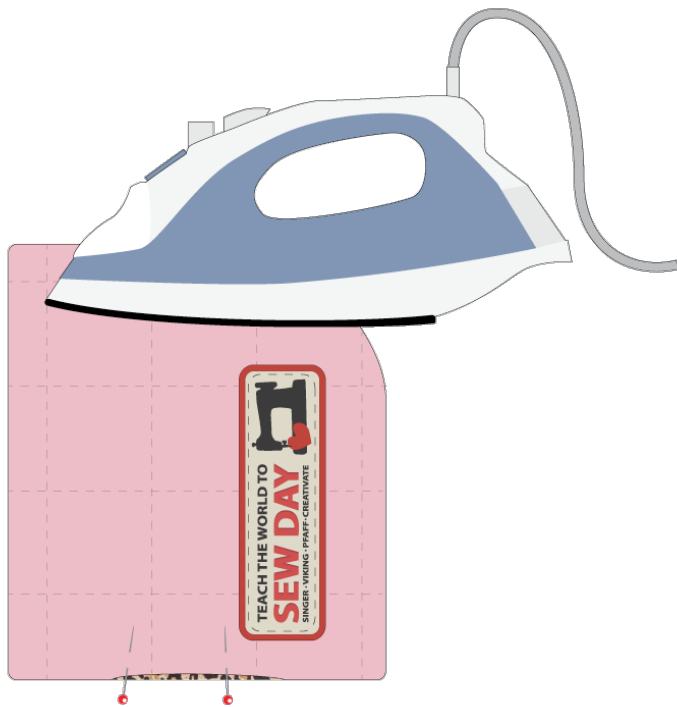
Step 8: Press & Topstitch

If available, press the sunglasses case with an iron to flatten the seams. If you do not have an iron, gently roll the seam between your fingers to help the edges lie flat.

Fold the raw edges of the opening inward so they are even with the sewn seam.

Topstitch around the entire outside edge of the sunglasses case, using the same opening to close it as you sew.

Tip: Adjust your machine's **needle position (width dial)** to move the needle closer to the outer edge for a neat, professional-looking topstitch. Make sure before adjusting, your needle is raised in upright position.



Step 9: Sew the Side Seam

Fold the sunglasses case in half **lengthwise**, matching the bottom corners. Secure the layers with sewing clips or pins. Turn your stitch length up to 3–3.5.

Starting at the opening curved edge side, sew down the side and around the bottom edge. **Sew close to the outer edge, following or sewing directly over the existing topstitch whenever possible.** Backstitch at the beginning and end of your stitching.

Tip: Adjust your machine's **needle position (width dial)** to move the needle closer to the outer edge for a clean, professional-looking finish.



Step 10: Complete!

Congratulations! You've finished your Teach the World to Sew Day™ sunglasses case.

Thank you for participating in Teach the World to Sew Day™! We hope you enjoyed the project and learned a few new sewing skills along the way.

Happy sewing!

