Adding Machine Embroidery to Sweatshirts + Sleeve Embroidery

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Discover simple techniques for hooping and adding embroidery to your sweatshirts, along with tips for embroidery on the sleeves.

This project features the SINGER® SE9180 Sewing and Embroidery machine available at select Michaels® locations, michaels.com, or singer.com.

PROJECT SKILL LEVEL: ■■☐☐

Shopping List

Everything you need to complete this project in one place. Use this convenient checklist to ensure you have all required materials in your sewing room or take it with you while you shop for supplies.

PROJECT SUPPLIES for Machine Embroidery:

- Singer® Embroidery Machine
- Knit Sweatshirt or Hoodie
- Machine Embroidery Thread and Embroidery Bobbin Thread
- Scissors
- Iron-On Cut Away Stabilizer OR Fusible Adhesive Spray paired with Light Cut Away Stabilizer
- Sicky Tear Away Stabilizer
- Sewing Pins

- Iron
- Chalk or Heat Removable Pen
- Ruler

Project Instructions:

Choose or Create a Design:

- Before you prep your hoop, choose the design you want to use on your sweatshirt. Then you can determine the placement of your hoop.
- You can either use the designs available on your embroidery machine or enhance them by using mySewnet™ embroidery software to create and transfer custom designs directly to your machine. These high-quality designs are pre-made and tailored to your specific machine and hoop size, eliminating the need for any editing—unlike those from downloadable sites.

To Download Software:
https://www.mysewnet.com/en-us/embroidery/download-software

To Browse Additional Library Designs:
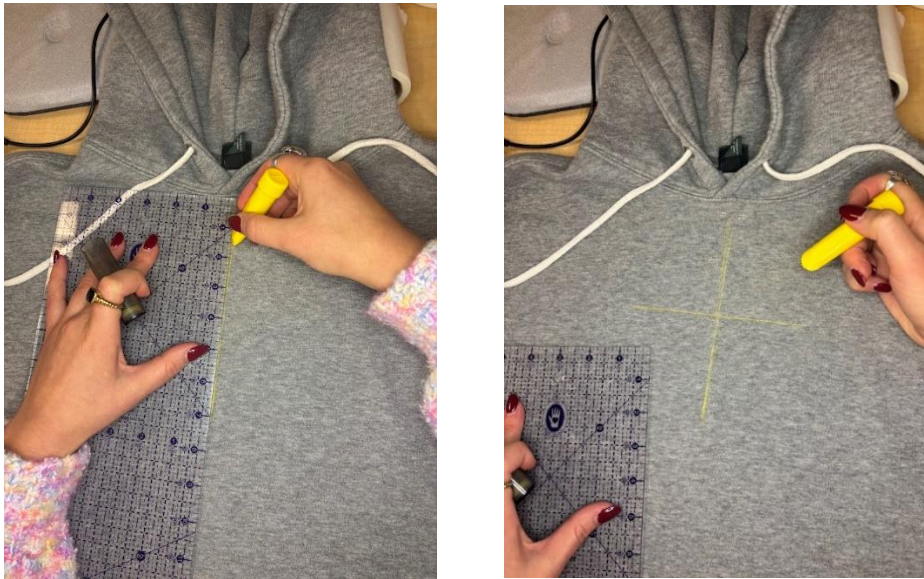https://www.mysewnet.com/en-us/embroidery/library

FRONT SWEATSHIRT

1) Prep Design Area

- Distinguish the area you want to embroider. Using a ruler and chalk (or heat removable pen) mark the center point. If embroidering on the side or another area, mark a grid so you can match it up properly with your hoop.

Tip: If worried about getting design correct you can also print your design on paper, create the same grid to get visuals and use as a reference point when placing hoop.

2) Apply Cut-Away Stabilizer

- On the INSIDE area of your sweatshirt where you are going to embroider, add your iron-on cut away stabilizer to create added support to your embroidery. This will also prevent it from stretching in the wash and looking "wobbly".

- Or you can use fusible adhesive spray paired with regular cut-away stabilizer (as pictured).

  If using a fusible spray, make sure that you are spraying in a well-ventilated area.

3) Prep Hoop and Add Tacky Stabilizer

- Using desired hoop size, place light and tacky tear away stabilizer inside the hoop, with sticky side up.
- For this technique, you won't place sweatshirt in your hoop, but you will stick it on top of the hoop utilizing the sticky side face up to hold it in place.

4) **Place and Stick Sweatshirt**

- Using the arrow markers on your hoop, match up your hoop to your markings on the sweatshirt.
- Then work around the bottom sides of sweatshirt so it's out of the way and place in machine (you will have to stretch and really maneuver the sweatshirt).
- Attach the hoop to your embroidery machine.

Tip: Make sure to watch that the sweatshirt arms and body stays clear of the hoop and do not accidentally get caught under the hoop while embroidering.

5) <u>Finish Embroidery</u>

- Once machine is complete with design, remove hoop and tear away from the sticky stabilizer in hoop.
- Then on the inside, cut away the excess stabilizer.
- Remove chalk markings on outside!

SLEEVE TECHNIQUE

It is possible to do sleeve embroidery without seam ripping your sleeve, but it must be a small design, and it must be on the lower wrist area near your cuff.

If you wish to make a larger design on your sleeve, or higher up on the arm you will need to seam rip the sides of your sleeve to open it up on the hoop. Once the embroidery is finished, sew the sleeve back together.

1) **Follow steps 1-3 for the lower sleeve**

• Prep and mark design area.

- Apply cut-away stabilizer.

- Prep and hoop sticky stabilizer.

2) **Place and stick cuff**

- Fold the cuff.

  Mark the center point on your hooped stabilizer with chalk. This can be helpful for matching up the sleeve.

- Maneuver the sleeve on the stabilizer markings so the designated embroidery is aligned with the hoop markings.
- Once you stick it to the hoop and have designated area matched up, hold it firmly and add pins around cuff to add extra force to hold in place.
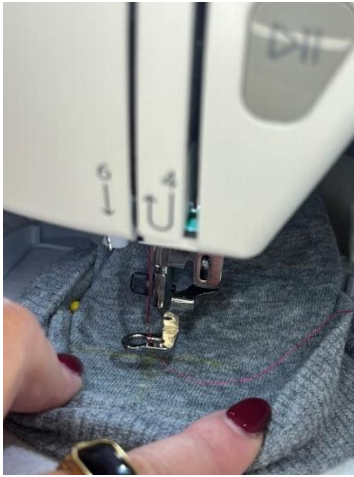
3) Embroider Sleeve

- Carefully attach the hoop to the machine.
- Align designated area under the needle.
- Hold secure while embroidery is in motion to ensure it doesn't move out of place.

Be careful that your fingers are outside the stitching area!

4) <u>Remove Hoop and Sleeve Stabilizer</u>

Your Project is Complete!