

SINGER® PROJECTS

How to Sew & Add a Quilt Block to a Sweatshirt

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Singer Educator

Discover how to design and sew a quilt block, then learn how to attach it to your sweatshirt.

This project features the SINGER® C5950 Sewing machine available at select Michaels® locations, michaels.com or singer.com.

PROJECT SKILL LEVEL: ■■■□□

Shopping List

Everything you need to complete this project in one place. Use this convenient checklist to ensure you have all required materials in your sewing room or take it with you while you shop for supplies.

PROJECT SUPPLIES:

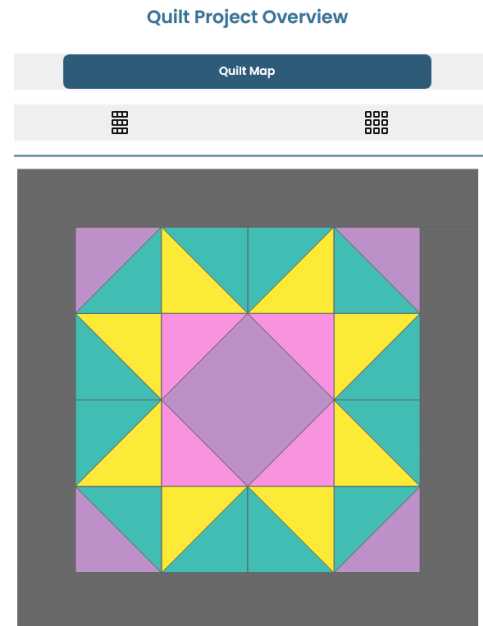
- Singer® sewing machine
- Knit Sweatshirt or Hoodie
- Cotton Fabric – 2-4 color selections depending on fabric block choice
- Machine thread
- Scissors or rotary cutter and cutting mat
- Sewing pins
- Steam-A-Seam 2 (fusible backing)
- Iron
- ¼ Inch Quilting Presser Foot



PROJECT INSTRUCTIONS:

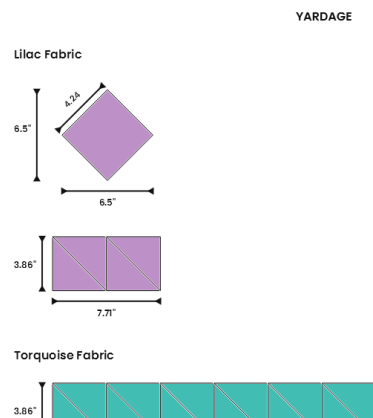
1) Choose or create your quilt block design:

- There are various ways to create your own quilt block. For mine, I used the mySewnet quilting software, which is free to use. The software provides step-by-step instructions for designing your block. Once you choose your block design and customize the colors, you'll get a full guide for cutting your shapes and assembling your block.
- Head over to [mySewnet Quilting](https://www.mysewnet.com) to create your own!
- I chose the Friendship Star block and input my fabric selections to get a reference to follow.

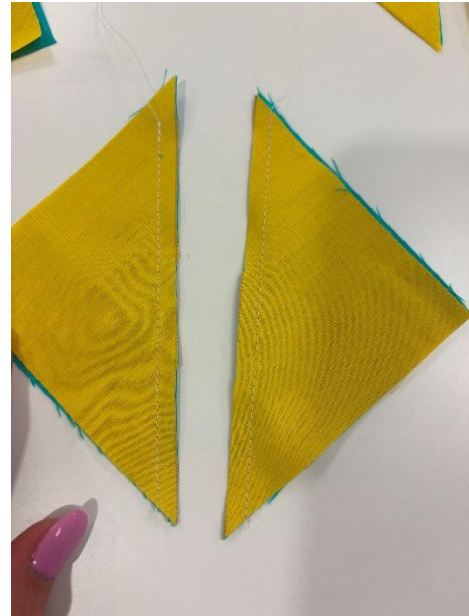


2) Cut the fabric pieces

- Based on your block selection, cut out your shapes to recommended sizes.



CUTTING AND SEWING TIP: *Instead of cutting all triangles out separately, piece the squares together of opposing triangle colors. Mark center point of the squares then sew ¼ inch on each side of the center mark. This will create two sets of opposite triangles, sewn together. Then cut down the center mark to separate.*



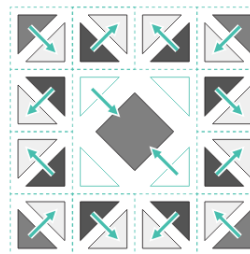
3) Lay out your block, sew it together step by step and press seams throughout

- Once your block is properly laid out, follow the guide and sew it together, using the arrows as your guide.
- **Sew your shapes together using a ¼ inch seam allowance.**
- Work in rows until you have a completed block. Be sure to press and fold the seams as you go for the best results.

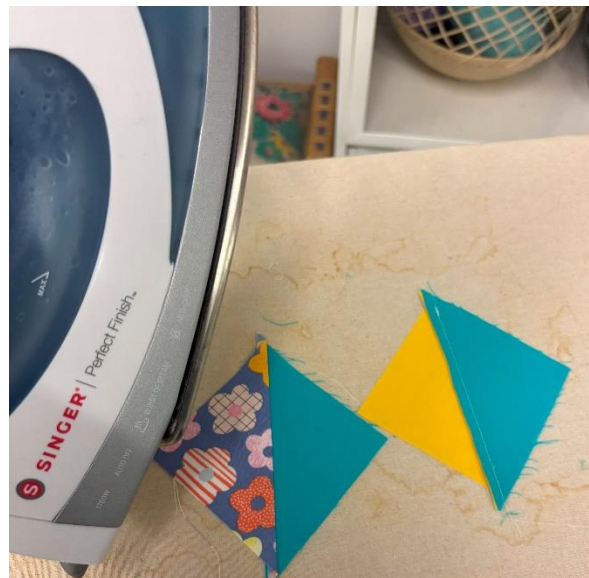
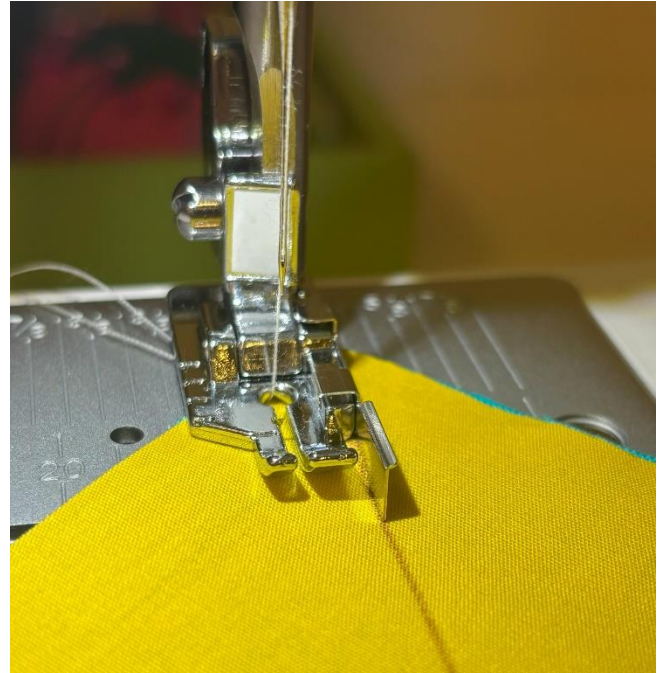
Friendship Star

The Friendship Star block is sewn with both straight edge seams and bias seams.
Tip: Do not stretch the fabric when sewing on the bias.

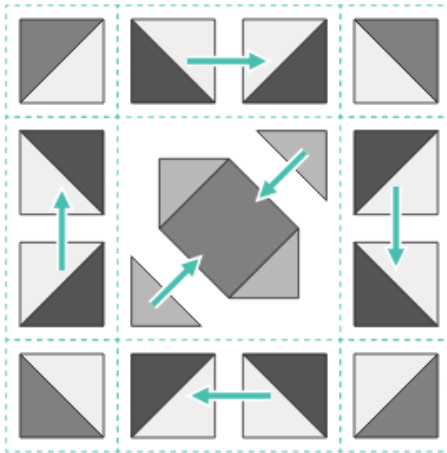
1. Sew the patches together to make units.



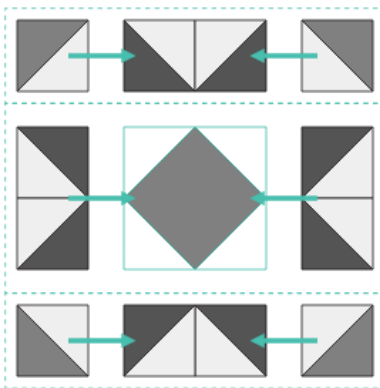
***TIP:** Using a ¼ Inch presser foot will allow you to follow along the edge of fabric (or your center marked lines) and get an even seam allowance on each part of the block.*



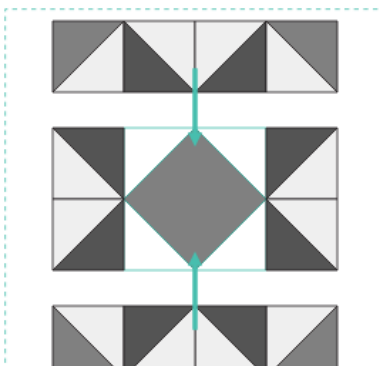
2. Sew the units together to make larger units.



3. Sew the units together to make rows.



4. Sew the rows together to make the block.



5) Find center mark of sweatshirt and distinguish where you want to lay your block

- First fold your sweatshirt in half and either iron it to get a marking of the center or you can use chalk to make a mark.
- Decide how far you want to place the block below the neck band. I measured mine out by using 3-4 fingers width below the band. You can also try on your sweatshirt first and see where you like it.



6) Remove the opposite side of Seam-A-Seam 2 (fusible backing) paper and place it on your sweatshirt and iron on

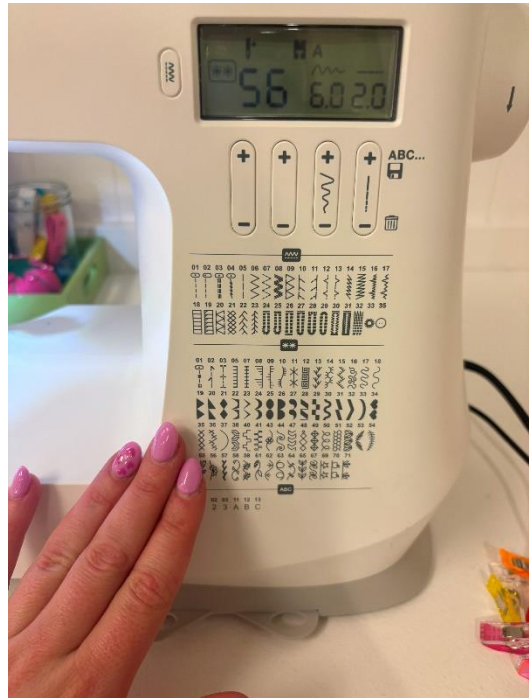
- Make sure it is evenly placed then press throughout ensuring its nice and secure to your front.



7) Choose how you want to sew your block

- Select the stitch or decorative stitch you want to sew on your block. I recommend practicing a few options first on practice fabric so you can really choose the best look you want for your block.
- Use a different color thread if you want it to stick out around the trim.

***TIP:** Use an open toe presser foot or a decorative stitch foot*



8) Sew your block on to your sweatshirt front around the edges

- Sew your block to the front of your sweatshirt around the outer edges.
- Ensure that the bottom side of your sweatshirt is out of the way. Removing your accessory tray from your machine can assist with this.



9) Project complete – now show it off!

